

Product Name: FRESH- 8" Ham and Cheese Sub

Nutritional Information



Nutrition Facts

2 servings per container
Serving size 1/2 Sub (135g)

Amount Per Serving
Calories **230**

	% Daily Value*
Total Fat 7g	9%
Saturated Fat 3.5g	18%
<i>Trans</i> Fat 0g	
Cholesterol 35mg	12%
Sodium 920mg	40%
Total Carbohydrate 25g	9%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 19g	38%
Vitamin D 0mcg	0%
Calcium 195mg	15%
Iron 2.7mg	15%
Potassium 188mg	4%
Vitamin A	6%
Vitamin C	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: SUB ROLL: Enriched Flour (Wheat Flour, Enzyme, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Sugar, Salt, Vegetable Shortening (Partially Hydrogenated Soy Bean and/or Cottonseed Oil), Dough Conditioner (Wheat Flour, Sodium Stearoyl Lactylate, L-Cysteine, Ascorbic Acid, Potassium Bromate, Soy Bean Oil, Enzymes), Calcium Propionate (Preservative), HAM: Cured with Water, Salt, Vinegar, Sodium Phosphate, Brown Sugar, Sugar, Honey, Sodium Erythorbate, Dextrose, Sodium Nitrate, SWISS CHEESE: Pasteurized Part-Skim Milk, Cheese Culture, Salt, Enzymes, LETTUCE: Leaf, Green, Raw

Allergens: MILK, SOY, WHEAT

Processed in a facility that includes products containing Wheat, Milk, Eggs, Fish, Soy, Tree Nuts, Peanuts.