

**Nutritional Information** 

2 servings per container Serving size 1/2 Sandwich (99g	
Amount Per Serving Calories	170
	% Daily Value
Total Fat 4g	5%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 430mg	19%
Total Carbohydrate 19g	7%
Dietary Fiber 2g	7%
Total Sugars 0g	
Includes 0g Added Sugars	
Protein 13g	26%
Vitamin D 0mcg	0%
Calcium 78mg	6%
Iron 1.8mg	10%
Potassium 0mg	0%
Vitamin A	4%
Vitamin C	0%

INGREDIENTS: MARBLE RYE BREAD: Unbleached, Unbromated Enriched Wheat Flour (Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin and Folic Acid), Water, Rye Flour, Yeast, Ground Carraway Seed, Sugar, Contains 2% or Less of the Following: Salt, Soybean Oil, Wheat Gluten, Calcium Propionate, Datem, Calcium Sulfate, Ascorbic Acid, Calcium Stearoyl Lactylate, Guar Gum, Potassium Iodate, Potassium Bromate, Sunflower Lecithen, Lactic Acid, Enzymes, Vegetable Mono & Diglycerides, Acetic Acid, Ground Dill Seed, ROAST BEEF: Containing up to 10% of a Solution of: Water, Salt, Sugar, L-Sodium Lactate and Sodium Diacetate, Sodium Phosphate, Garlic Powder, Coated with: Caramel Color, Garlic Powder, CHEDDAR CHEESE: Pasteurized Milk, Cheese Culture, Salt, Enzymes, LETTUCE: Leaf, Green, Raw

## Allergens: MILK, WHEAT

Processed in a facility that includes products containing Wheat, Milk, Eggs, Fish, Soy, Tree Nuts, Peanuts.