

Product Name: FRESH- Turkey on Multigrain



Nutritional Information

Nutrition Facts

2 servings per container
Serving size 1/2 Sandwich (99g)

Amount Per Serving
Calories 170

	% Daily Value*
Total Fat 4.5g	6%
Saturated Fat 1.5g	8%
<i>Trans</i> Fat 0g	
Cholesterol 25mg	8%
Sodium 660mg	29%
Total Carbohydrate 21g	8%
Dietary Fiber 3g	11%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 14g	28%
Vitamin D 0mcg	0%
Calcium 104mg	8%
Iron 1.8mg	10%
Potassium 0mg	0%
Vitamin A	4%
Vitamin C	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: MULTIGRAIN BREAD: Stone Ground Whole White Wheat Flour (Unbleached, Unbromated Enriched Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin and Folic Acid), Water, Rye Flour, Rye Chops, Yeast, Contains 2% or Less of the Following: Salt, Soybean Oil, Wheat Gluten, Malted Barley Extract, Barley, Cracked Wheat, Corn Grits, Rye Malt, Flaxseeds, Spices, Malted Barley Flour, Sesame Seeds, Cultured Wheat Flour, Millet, Ascorbic Acid, Guar Gum, Coarse Ground Oats, Enzymes, Vegetable Mono & Diglycerides, TURKEY: Turkey Breast, Turkey Broth and 2% or less of the following: Salt, Sugar, Carrageenan, Sodium Citrate, Sodium Phosphate, Sodium Diacetate, LETTUCE: Leaf, Green, Raw, SWISS CHEESE: Pasteurized Part-Skim Milk, Cheese Culture, Salt, Enzymes

Allergens: MILK, SOY, WHEAT

Processed in a facility that includes products containing Wheat, Milk, Eggs, Fish, Soy, Tree Nuts, Peanuts.