

Rachael's Food Corp
Nutrition Label
Finger Roll Chicken Salad [Nutrition]

Nutrition Facts	
1 serving per container	
Serving size	2 rolls (146g)
Amount per serving	
Calories	400
% Daily Value *	
Total Fat 24g	30%
Saturated Fat 2.5g	13%
<i>Trans</i> Fat 0g	
Cholesterol 65mg	21%
Sodium 720mg	31%
Total Carbohydrate 27g	10%
Dietary Fiber 2g	6%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 18g	
Vitamin D 0mcg	0%
Calcium 90mg	8%
Iron 2.4mg	15%
Potassium 40mg	0%
Vitamin A 20mcg	2%
Vitamin C 6mg	6%
<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>	
<p>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</p>	

INGREDIENTS: CHICKEN SALAD: Natural Proportion Chicken Meat, Mayonnaise (Canola Oil, Egg Yolk, Water, Distilled Vinegar, Sugar, Contains less than 2% Salt, Lemon Juice Concentrate, Natural Flavor), Celery, Cider Vinegar, Sea Salt, Vinegar Powder, Lactic Acid, Novaguard CB-1 (Maltodextrin, Cultured Dextrose, Nisin Preparation (Sodium Chloride, Nisin Preparation) Egg White Lysozyme), Black Pepper, Onion Salt, Xanthan Gum, Garlic Powder and Garlic Salt, **FINGER ROLL:** Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Soybean Oil, Yeast, Contains 2% or Less of the following: Salt, Dough Conditioner (Mono and Diglycerides, Sodium Stearoyl Lactylate, Ethoxylate Mono and Diglycerides, Calcium Peroxide), Sugar, Corn Flour, Yeast Nutrients (Monocalcium Phosphate, Ammonium Sulfate, Calcium Sulfate), Calcium Propionate (A Preservative), Soy Lecithin, **PARSLEY:** Parsley, Fresh.

CONTAINS: Egg, Soy, Wheat

Processed in a facility that includes products containing Wheat, Milk, Eggs, Soy, Fish, Tree

Rachael's Food Corp
Nutrition Label
Finger Roll Egg Salad [Nutrition]

Nutrition Facts	
1 serving per container	
Serving size	2 rolls (146g)
Amount per serving	
Calories	390
% Daily Value *	
Total Fat 24g	31%
Saturated Fat 3.5g	17%
<i>Trans</i> Fat 0g	
Cholesterol 240mg	80%
Sodium 650mg	28%
Total Carbohydrate 29g	10%
Dietary Fiber 2g	6%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 12g	
Vitamin D 1.5mcg	8%
Calcium 90mg	6%
Iron 3.2mg	20%
Potassium 110mg	2%
Vitamin A 20mcg	2%
Vitamin C 6mg	6%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>	

INGREDIENTS: EGG SALAD: Hard Boiled Eggs, Mayonnaise (Canola Oil, Egg Yolk, Water, Distilled Vinegar, Sugar, Contains less than 2% of Salt, Lemon Juice Concentrate, Natural Flavor), Breading (Unbleached Wheat Flour, Natural Cane Sugar, Yeast, Sea Salt), Sugar, Dehydrated Vinegar, Garlic Salt, Cider Vinegar, Sorbic Acid, Microguard730 (Cultured Dextrose, Maltodextrin), Onion Powder, Sea Salt and White Pepper, **FINGER ROLL:** Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Soybean Oil, Yeast, Contains 2% or Less of the following: Salt, Dough Conditioner (Mono and Diglycerides, Sodium Stearoyl Lactylate, Ethoxylate Mono and Diglycerides, Calcium Peroxide), Sugar, Corn Flour, Yeast Nutrients (Monocalcium Phosphate, Ammonium Sulfate, Calcium Sulfate), Calcium Propionate (A Preservative), Soy Lecithin, **PARSLEY:** Parsley, Fresh.

CONTAINS: Egg, Soy, Wheat

Processed in a facility that includes products containing Wheat, Milk, Egg, Soy, Fish, Tree Nuts.

Rachael's Food Corp
Nutrition Label
Finger Roll Tuna Salad [Nutrition]

Nutrition Facts	
1 serving per container	
Serving size	2 rolls (146g)
Amount per serving	
Calories	400
% Daily Value *	
Total Fat 22g	29%
Saturated Fat 2g	9%
<i>Trans</i> Fat 0g	
Cholesterol 80mg	27%
Sodium 470mg	20%
Total Carbohydrate 32g	12%
Dietary Fiber 2g	6%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 16g	
Vitamin D 0.7mcg	4%
Calcium 100mg	8%
Iron 2.4mg	15%
Potassium 150mg	4%
Vitamin A 20mcg	2%
Vitamin C 6mg	6%
<p>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</p>	
<p>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</p>	

INGREDIENTS: TUNA SALAD: Tuna (Fish Yellowfin and/or Tongolfish, Water, Salt), Mayonnaise (Canola Oil, Egg Yolk, Water, Distilled Vinegar, Sugar, Contains less than 2% of Salt, Lemon Juice Concentrate and Natural Flavor), Celery, Breading (Unbleached Wheat Flour, Natural Cane Sugar, Yeast, Sea Salt), Dehydrated Vinegar, Sorbic Acid, Sea Salt, Black Pepper, Garlic Salt, Xanthan Gum and Citric Acid, FINGER ROLL: Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Soybean Oil, Yeast, Contains 2% or Less of the following: Salt, Dough Conditioner (Mono and Diglycerides, Sodium Stearoyl Lactylate, Ethoxylate Mono and Diglycerides, Calcium Peroxide), Sugar, Corn Flour, Yeast Nutrients (Monocalcium Phosphate, Ammonium Sulfate, Calcium Sulfate), Calcium Propionate (A Preservative), Soy Lecithin, PARSLEY: Parsley, Fresh.

CONTAINS: Egg, Soy, Tuna, Wheat

Processed in a facility that includes products containing Wheat, Milk, Egg, Soy, Fish, Tree Nuts.