

Rachael's Food Corp
 Nutrition Label
 Homestyle Chicken Salad On Multigrain [Nutrition]

Nutrition Facts	
2 servings per container	
Serving size 1/2 sandwich (102g)	
Amount per serving	
Calories	270
% Daily Value *	
Total Fat 15g	19%
Saturated Fat 2g	9%
<i>Trans</i> Fat 0g	
Cholesterol 45mg	14%
Sodium 450mg	20%
Total Carbohydrate 22g	8%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 13g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1.6mg	8%
Potassium 10mg	0%
Vitamin A 0mcg	0%
Vitamin C 0mg	0%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>	

INGREDIENTS: CHICKEN SALAD: Natural Proportion Chicken Meat, Mayonnaise (Canola Oil, Egg Yolk, Water, Distilled Vinegar, Sugar, Contains less than 2% Salt, Lemon Juice Concentrate, Natural Flavor), Celery, Cider Vinegar, Sea Salt, Vinegar Powder, Lactic Acid, Novaguard CB-1 (Maltodextrin, Cultured Dextrose, Nisin Preparation (Sodium Chloride, Nisin Preparation) Egg White Lysozyme), Black Pepper, Onion Salt, Xanthan Gum, Garlic Powder and Garlic Salt, HEARTY WHOLE WHEAT BREAD: Whole Wheat Flour, Enriched Wheat Flour [Flour, Malted Barley Flour, Niacin, Iron, (Ferrous Sulfate, Reduced Iron), Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Sugar, Soybean Oil, Yeast, Salt, Wheat Gluten, Malt, Mono-& Diglycerides, Caramel Color, Calcium Propionate (To Preserve Freshness), Ascorbic Acid (Dough Conditioner)

CONTAINS: Egg, Soy, Wheat

Processed in a facility that includes products containing Wheat, Milk, Eggs, Fish, Soy, Tree Nuts.

Rachael's Food Corp
 Nutrition Label
 Homestyle Egg Salad On White [Nutrition]

Nutrition Facts	
2 servings per container	
Serving size 1/2 sandwich (102g)	
Amount per serving	
Calories	270
% Daily Value *	
Total Fat 15g	19%
Saturated Fat 2.5g	11%
<i>Trans Fat</i> 0g	
Cholesterol 160mg	54%
Sodium 410mg	18%
Total Carbohydrate 24g	9%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 10g	
Vitamin D 1mcg	6%
Calcium 30mg	2%
Iron 2.4mg	15%
Potassium 60mg	2%
Vitamin A 0mcg	0%
Vitamin C 0mg	0%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>	

INGREDIENTS: EGG SALAD: Hard Boiled Eggs, Mayonnaise (Canola Oil, Egg Yolk, Water, Distilled Vinegar, Sugar, Contains less than 2% of Salt, Lemon Juice Concentrate, Natural Flavor), Breading (Unbleached Wheat Flour, Natural Cane Sugar, Yeast, Sea Salt), Sugar, Dehydrated Vinegar, Garlic Salt, Cider Vinegar, Sorbic Acid, Microguard730 (Cultured Dextrose, Maltodextrin), Onion Powder, Sea Salt and White Pepper, HEARTY WHITE BREAD: Enriched Wheat Flour [Flour, Malted Barley Flour, Niacin, Iron (Ferrous Sulfate, Reduced Iron), Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Yeast, Sugar, Soybean Oil, Salt, Malt, Wheat Gluten, Mono-& Diglycerides, Calcium Propionate (To Preserve Freshness), Ascorbic Acid (Dough Conditioner)

CONTAINS: Egg, Soy, Wheat

Processed in a facility that includes products containing Wheat, Milk, Egg, Soy, Fish, Tree Nuts.

Rachael's Food Corp
Nutrition Label
Homestyle Tuna Salad On Multigrain [Nutrition]

Nutrition Facts	
2 servings per container	
Serving size 1/2 sandwich (102g)	
Amount per serving	
Calories	270
% Daily Value *	
Total Fat 14g	18%
Saturated Fat 1g	6%
<i>Trans</i> Fat 0g	
Cholesterol 55mg	18%
Sodium 280mg	12%
Total Carbohydrate 24g	9%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 12g	
Vitamin D 0.5mcg	2%
Calcium 30mg	2%
Iron 1.6mg	8%
Potassium 80mg	2%
Vitamin A 0mcg	0%
Vitamin C 0mg	0%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>	

INGREDIENTS: TUNA SALAD: Tuna (Fish Yellowfin and/or Tongolfish, Water, Salt), Mayonnaise (Canola Oil, Egg Yolk, Water, Distilled Vinegar, Sugar, Contains less than 2% of Salt, Lemon Juice Concentrate and Natural Flavor), Celery, Breading (Unbleached Wheat Flour, Natural Cane Sugar, Yeast, Sea Salt), Dehydrated Vinegar, Sorbic Acid, Sea Salt, Black Pepper, Garlic Salt, Xanthan Gum and Citric Acid, HEARTY WHOLE WHEAT BREAD: Whole Wheat Flour, Enriched Wheat Flour [Flour, Malted Barley Flour, Niacin, Iron, (Ferrous Sulfate, Reduced Iron), Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Sugar, Soybean Oil, Yeast, Salt, Wheat Gluten, Malt, Mono-& Diglycerides, Caramel Color, Calcium Propionate (To Preserve Freshness), Ascorbic Acid (Dough Conditioner)

CONTAINS: Egg, Soy, Tuna, Wheat

Processed in a facility that includes products containing Wheat, Milk, Eggs, Fish, Soy, Tree Nuts.

Rachael's Food Corp Nutrition Label

Homestyle Turkey And Cheese On Multigrain [Nutrition]

Nutrition Facts	
2 servings per container	
Serving size	1/2 sandwich (109g)
Amount per serving	
Calories	190
% Daily Value *	
Total Fat 5g	6%
Saturated Fat 1g	5%
<i>Trans</i> Fat 0g	
Cholesterol 25mg	8%
Sodium 640mg	28%
Total Carbohydrate 22g	8%
Dietary Fiber 2g	7%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 14g	
Vitamin D 0mcg	0%
Calcium 80mg	6%
Iron 1.4mg	8%
Potassium 0mg	0%
Vitamin A 0mcg	0%
Vitamin C 0mg	0%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>	

INGREDIENTS: TURKEY BREAST: Turkey, Turkey Broth, Contains Less Than 2% of Dextrose, Salt, Carrageenan, Sodium Phosphate, HEARTY WHOLE WHEAT BREAD: Whole Wheat Flour, Enriched Wheat Flour [Flour, Malted Barley Flour, Niacin, Iron, (Ferrous Sulfate, Reduced Iron), Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Sugar, Soybean Oil, Yeast, Salt, Wheat Gluten, Malt, Mono-& Diglycerides, Caramel Color, Calcium Propionate (To Preserve Freshness), Ascorbic Acid (Dough Conditioner), PROVOLONE CHEESE: Unsmoked Provolone Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes)

CONTAINS: Milk, Soy, Wheat

Processed in a facility that includes products containing Wheat, Milk, Soy, Fish, Eggs, Tree Nuts.