

Product Name: FRESH- Virginia Ham and Cheddar Sandwich



Nutritional Information

Nutrition Facts

2 servings per container
Serving size 1/2 Sandwich (128g)

Amount Per Serving
Calories 230

	% Daily Value*
Total Fat 10g	13%
Saturated Fat 2.5g	13%
<i>Trans</i> Fat 0g	
Cholesterol 35mg	12%
Sodium 1000mg	43%
Total Carbohydrate 23g	8%
Dietary Fiber 3g	11%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 17g	34%
Vitamin D 0mcg	0%
Calcium 78mg	6%
Iron 2.7mg	15%
Potassium 188mg	4%
Vitamin A	4%
Vitamin C	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: HAM: Cured with Water, Salt, Vinegar, Sodium Phosphate, Brown Sugar, Sugar, Honey, Sodium Erythorbate, Dextrose, Sodium Nitrate, MULTIGRAIN BREAD: Stone Ground Whole White Wheat Flour (Unbleached, Unbromated Enriched Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin and Folic Acid), Water, Rye Flour, Rye Chops, Yeast, Contains 2% or Less of the Following: Salt, Soybean Oil, Wheat Gluten, Malted Barley Extract, Barley, Cracked Wheat, Corn Grits, Rye Malt, Flaxseeds, Spices, Malted Barley Flour, Sesame Seeds, Cultured Wheat Flour, Millet, Ascorbic Acid, Guar Gum, Coarse Ground Oats, Enzymes, Vegetable Mono & Diglycerides, LETTUCE: Leaf, Green, Raw, CHEDDAR CHEESE: Pasteurized Milk, Cheese Culture, Salt, Enzymes, HONEY DIJON MUSTARD: Soybean Oil, Distilled Vinegar, Water, Dijon Mustard (Distilled Vinegar, Water, Mustard Seed, Salt, White Wine, Citric Acid, Tartaric Acid, Spice), Sugar, Honey, Brown Sugar, Egg Yolk, Contains less than 2% of Mustard Seed, Salt, Xanthan Gum, Mustard Flour, Potassium Sorbate and Sodium Benzoate (Preservatives), Mustard Oil, Calcium Disodium EDTA (To Protect Flavor), Corn Syrup, Natural Flavor

Allergens: EGG, MILK, SOY, WHEAT

Processed in a facility that includes products containing Wheat, Milk, Eggs, Fish, Soy, Tree Nuts, Peanuts.