

Product Name: FRESH- Ham and Swiss Sandwich



Nutritional Information

Nutrition Facts

2 servings per container

Serving size 1/2 Sandwich (99g)

Amount Per Serving

Calories **180**

% Daily Value*

Total Fat 5g **6%**

Saturated Fat 1.5g **8%**

Trans Fat 0g

Cholesterol 20mg **7%**

Sodium 700mg **30%**

Total Carbohydrate 23g **8%**

Dietary Fiber 3g **11%**

Total Sugars 2g

Includes 0g Added Sugars **0%**

Protein 14g **28%**

Vitamin D 0mcg 0%

Calcium 78mg 6%

Iron 1.8mg 10%

Potassium 188mg 4%

Vitamin A 2%

Vitamin C 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WHOLE WHEAT BREAD: Stone Ground Whole White Wheat Flour, Water, Yeast, Brown Sugar, Contains 2% or Less of the Following: Salt, Soybean Oil, Wheat Gluten, Calcium Propionate, Ascorbic Acid, Guar Gum, Enzymes, Vegetable Mono & Diglycerides, HAM: Cured with Water, Salt, Vinegar, Sodium Phosphate, Brown Sugar, Sugar, Honey, Sodium Erythorbate, Dextrose, Sodium Nitrate, SWISS CHEESE: Pasteurized Part-Skim Milk, Cheese Culture, Salt, Enzymes, LETTUCE: Leaf, Green, Raw

Allergens: MILK, SOY, WHEAT

Processed in a facility that includes products containing Wheat, Milk, Eggs, Fish, Soy, Tree Nuts, Peanuts.